

SHINTO



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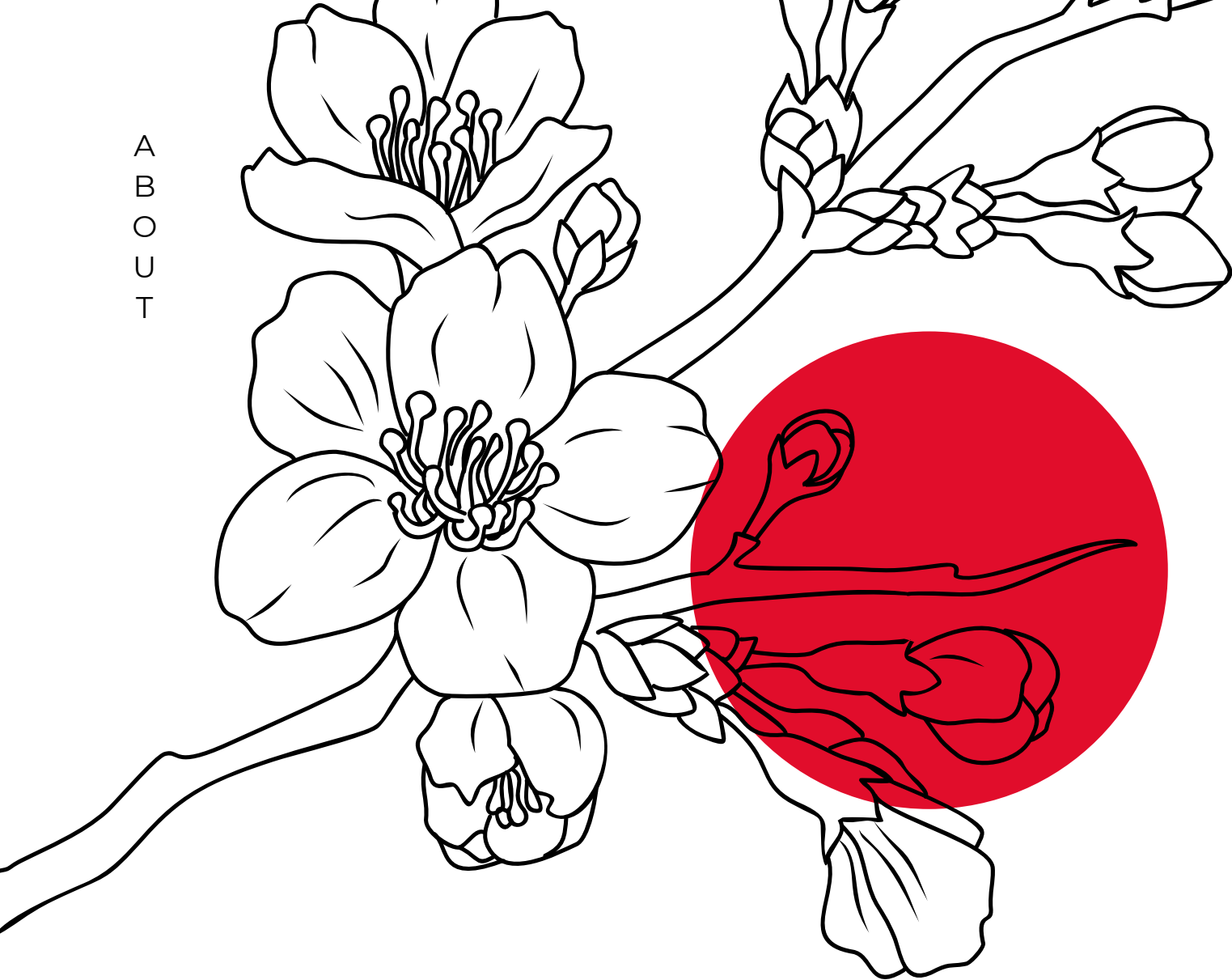
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A TOUCH OF ZEN IN THE HEART OF BALI

Welcome to the soothing experience of Shinto, the only truly authentic Japanese spa experience in Bali. Shinto is not only a place to pamper yourself; it is a place where we seek to help you discover a Zen way of being, a state of blissful focus in which body and mind unite.





Our environment was carefully designed to authentically replicate the Japanese spa experience of clean and visually balanced spaces. You will be surrounded by peaceful Japanese architecture and gardens complete with inspiring Japanese artwork sourced from limited private collections.

Enter our spa and experience the beautifully soothing art of Japanese rituals carried out skillfully, where you will leave completely refreshed, revived, and ready for your next adventure in beautiful Bali.

OMOTENASHI

A cornerstone of Japanese culture, Omotenashi is loosely defined as the art of selfless hospitality and graciousness. Delivered by expertly trained Balinese therapists and using only the best ingredients, each of our rituals was carefully crafted to seamlessly blend Japanese traditions with the rich offerings of Balinese culture and the surrounding ingredients.

BODY RITUALS

To truly immerse in the spa experience, it is important to disconnect from the outside world and connect with the therapist and spa surroundings. Before any body treatment or premium experience, we begin with our Signature Foot ritual. This soothing ritual involves a foot bath, calf massage, scrub, and the option to choose from various oils. The experience ends with a traditional tea service for refreshment.





BODY MASSAGE

Balinese Massage

60 min. IDR 325K | 90 min. IDR 425K

Balinese Massage uses a variety of massage techniques including gentle stretches, stroking, kneading, friction, grabbing, acupressure, and aromatherapy to stimulate the flow of blood, oxygen, and "qi" (energy) around your body. This relaxing massage brings you a sense of well-being, calm, and deep relaxation.

Deep Tissue Massage

60 min. IDR 400K | 90 min. 500K

A powerful massage designed to alleviate deep-seated tension and muscular stress. A specialized technique concentrates on specific areas of concern and alleviates common discomforts such as a stiff neck, painful lower back and sore, tight shoulders.

Hot Stone Massage

90 min. IDR 575K

Using stones sourced from local riverbeds created by volcanic eruptions of centuries past, the hot stone massage promotes deep relaxation, enhanced circulation, energy flow, and a stronger immune system.

Foot Meridian Massage

60 min. IDR 275K

Foot Meridian Massage is a therapeutic method that relieves pain by stimulating pressure points on the feet. This treatment is effective for promoting good health, preventing illness, and alleviating stress symptoms. By targeting pressure points, the massage impacts the body's organs and glands through the nervous system, energizing, relaxing, and reducing stress.

SIGNATURE MESSAGES

by PEVONIA

Youthful Skin Massage

60 min. IDR 525K | 90 min. IDR 600K

A vitamin-rich anti-aging massage with E, squalene, geranium, and orange oil enhances skin elasticity by deeply nourishing dry skin. It not only relieves muscle tension but also lifts and firms, restoring a youthful appearance. Your skin is rejuvenated during the relaxing massage.

Stress Relief Massage

90 min. IDR 700K

An invigorating tension relief treatment with a hot towel for maximum stress-free results. The ultimate massage experience combines a deep, vigorous massage with stimulating tension relief gel and a hot towel to release tension bound deep within muscles. This treatment is excellent for restoring vitality.

Desert Heat Deep Tension Massage

90 min. IDR 700K

Enjoy a deep tension massage with a hot towel ritual and holistic Desert Heat mud back treatment. The mud, containing copper, magnesium, and zinc, is applied generously to your back during a stress-release massage. This helps relieve tension, soothe sore muscles, and stimulate circulation, promoting relaxation.

Deep Tension Stone Massage

90 min. IDR 850K

Deep Tension Stone Massage is a soothing therapy that helps with chronic pain, stress reduction, and deep relaxation. By using Desert Heat mud and hot stones on the back and spine, the therapist provides a full body massage that improves blood circulation.

ROYAL EXPERIENCES

by PEVONIA

Chikyu No Okurimono (Earth Gift)

120 min. IDR 1,000K

Holistic Recharge – Energize and Balance – Foot Ritual – Steam – Desert Heat Mud Body Mask and Head Massage – Body Massage with Hot Oil

This treatment uses heated black magma aromatic desert heat rich in vitamins and minerals to rejuvenate the skin and rebalance the body. Ideal for relieving aches, pains, fatigue, or for those in need of grounding and inner strength.

Eien No Waka-Sa (Eternal Youth)

150 min. IDR 1,100K

De-Aging - Supple, Smooth & Tone Skin Footwash - Natural Body Scrub - Citrus Bath - De-Aging Body Massage - Express White Lotus Facial

A rejuvenating anti-aging treatment with a tropical scent to refresh the skin and senses. Exfoliate to remove dead skin cells, leaving the skin smooth and nourished. Relax with a citrus-scented bath, followed by a body massage using tropical body butter. Finish with a white lotus facial for radiant skin.

Zen Yuki (Zen Organic)

180 min. IDR 1,500K

Awakening – Restore Skin Energy & Boost Mind-Peacefulness Footbath – Steam – Natural Body Scrub – Warm Aromatic Organic Cocoon – Citrus Bath - Body Massage – Express White Lotus Facial

Zen treatment combines organic essential oils to rejuvenate skin and promote peace of mind through aromatherapy in a soothing spa experience, aiming to revitalize skin and awaken senses.

Byakuren No Gishiki (White Lotus Ritual)

180 min. IDR 1,500K

Intense Hydration – Restore Skin Vitality & Glow Radiantly Footbath – Natural Body Scrub – White Lotus Body Mask and Head massage – Citrus Bath – Youthful Skin Body massage - Express White Lotus Facial

Revitalize your skin with a tropical-scented de-aging treatment. An exfoliating body scrub removes dead skin cells, leaving your skin smooth and nourished. Enjoy a tropical citrus bath, followed by a relaxing body massage with tropical body butter. Complete your experience with an express white lotus facial for a radiant glow.

SPA SAMPLERS

by PEVONIA

Organic Essential

90 min. IDR 700K

Organic Body Scrub - Body Massage

When pollution and free radicals result in dull, stressed skin, revitalize your tired-looking skin with a new lease on life. Delightfully Organic Body Scrub and Green Tea polish away impurities, leaving skin radiant and healthy. Natural essential oils soothe your senses as they are warmly applied to stimulate your body's ability to release stress and leave your skin smooth and softened, followed by a relaxing full-body massage.

Skin Rejuvenation

90 min. IDR 950K

*Aloe Vera Cocoon Body Mask – Express White Lotus Facial –
Body Massage*

Using natural ingredients for face and body treatment helps to rejuvenate your skin and keep it supple. This treatment starts with a soothing Aloe Vera Cocoon Body Mask while the therapist works on the face with cleansing, scrubbing, a face mask, and completes with face moisturizer. It is followed by a relaxing full-body massage using micro emulsion cream that will keep your skin hydrated and healthy.

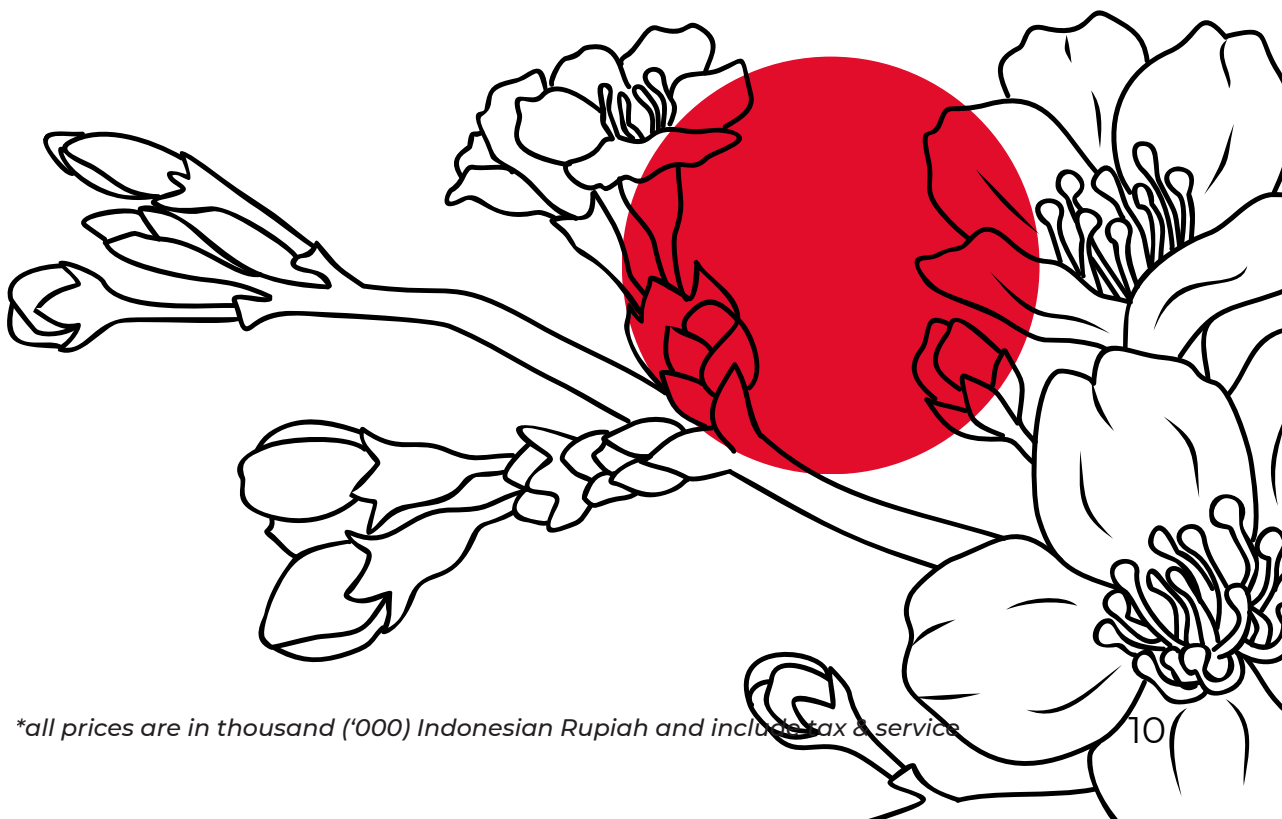
SIGNATURE BODY TREATMENT

Shinto Luxury Chocolate Spa

150 min. IDR 1,100K

*Sweet Sensation – Deep Revitalization & Hydration 90
min. of Full Body Cocoa Butter Massage – Dark
Chocolate Body Scrub – Dark Chocolate Cocoon Body
Mask – Body Moisturizing*

An extra luxurious and exclusive treatment at Shinto Spa entirely covers your body in delicious Mason Chocolate. Although many don't know this, dark chocolate is also renowned for its effective antioxidant properties and superb hydration for dry and dull skin. This delectable treatment starts with a full-body massage using melted cocoa butter, followed by our dark chocolate body scrub, and then a dark chocolate cocoon body mask that permeates the skin to deeply hydrate and fill your body with warmth. The treatment finishes with a body butter that will leave your skin completely moisturized, revitalized, and healthy.



**all prices are in thousand ('000) Indonesian Rupiah and include tax & service*

JAPANESE HEAD SPA

Luxury Japanese Head Spa

60 min. IDR 525K

Our most popular Full Head Spa experience. Designed to restore scalp health, reduce tension, and nourish hair at the roots. Included:

- Pre-treatment scalp massage
- Deep scalp cleansing and cream application
- Hair mask and scalp massage
- Steam therapy to open pores and enhance absorption
- Hand massage
- Water flow massage
- Hair drying

Japanese Head Spa

+ Express Facial by PEVONIA

60 min. IDR 575K

A powerful express head spa paired with an express facial using Pevonia products to refresh the skin, scalp, and hair. Includes:

- Pevonia Express Facial
- Pre-treatment scalp massage
- Deep scalp cleansing
- Water-flow massage
- Hair drying

SIGNATURE + FACIAL

90 min. IDR 675K

Luxury Japanese Head spa + Facial by PEVONIA

A full Signature Head Spa combined with a luxurious Pevonia facial—the ultimate experience for a complete reset and renewal. Includes:

- Water Lily facial
- Pre-treatment scalp massage
- Steam therapy to open pores and increase absorption
- Deep scalp cleansing
- Hair mask and scalp treatment
- Hand massage
- Water-flow massage
- Hair drying

Benefits of a Japanese Head Spa

Stimulates hair growth, relieves stress and tension, hydrates and nourishes hair, and reduces itchiness and dandruff.

**all prices are in thousand ('000) Indonesian Rupiah and include tax & service*

FACIALS

by PEVONIA

White Lotus Facial

60 min. IDR 550K

Suitable for all skin types, this pure and natural treatment uses organic botanicals and exquisite formulations to enrich naturally and balance moisture levels, leaving skin radiant, soft, and hydrated.

Sensitive

Calms skin with a carefully selected combination of lavender, chamomile, and propolis.

Dry

Immediately counteracts dryness using vitamin E, squalane, and hazelnut oil as repairing emollients.

Combination

Wonderfully aromatic, this combines lemongrass, arnica, and aloe to help hydrate, brighten, and purify skin.

Swift White Lotus Facial

30 min. IDR 400K

Look impeccable in record time! Incorporates cleansing, exfoliating, and moisturizing, leaving your skin fresh and vibrant. Pure essential oils refine the skin's texture to balance moisture and oil levels.

HAIR & SCALP TREATMENT

Rejuvenate your mind and quickly reduce the symptoms of stress.

Hair Wash & Dry

30 min. IDR 200K

Hair Masque & Dry

60 min. IDR 350K

Hair Creambath & Dry

90 min. IDR 500K

ADD ONS

The choice is yours to tailor-make your own treatment preference.

Choice of Massage

30 min. IDR 175K

Foot / Back / Neck, Shoulder & Head

Body Scrub

30 min. IDR 375K

Natural ingredients and expert hands work in harmony to deeply cleanse your skin and promote circulation with a full body scrub. Choose from our large selection.

Body Mask

30 min. IDR 375K

NAILS

Express Manicure	100K
Nail shaping, cuticle care & nail serum (not including gel).	
Express Pedicure	120K
Nail shaping, cuticle care & nail serum (not including gel).	
Express Manicure + Gel Polish	200K
Express Pedicure + Gel Polish	220K
Deep Callus Removal (additional nail spa)	200K
Remove dead skin cells on the soles of the feet, using a special liquid (not include pedicure and gel).	
Russian Manicure	400K
Dry manicure with E-File.	
Russian Pedicure	420K
Dry pedicure with E-File.	

Remove

Gel Removal /Soak Off	10K/finger
Tip Removal /Soak Off	15K/finger
Gel Extension Removal	15K/finger

Remove

Nail Art	10-50K/finger
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Extension

Full Tip Extension + Gel Polish	350K
Full cover tips extension, nail shaping, gel polish & cuticle care.	
Hardgel Extension + Gel Polish	850K

Using half tip/nail form with hard builder gel, nail shaping, gel polish & cuticle care

— NAILS —

Nails Spa by footlogix

Manicure Spa

350K

Hand soak with bath concentrate, nail shaping, cuticle care, scrub, light massage, and nail serum.

Manicure Spa

370K

Foot soak with bath concentrate, cuticle care, scrub, light massage, quick callus removal, nail shaping, and nail serum.

Manicure Spa + Gel Polish

450K

Pedicure Spa + Gel Polish

470K

WAX

Face

Eyebrow	150K
Upper lip	100K

Miss V

Brazilian	375K
Bikini	275K

Body

Full arm	250K	Hand/feet	50K
Half arm	185K	Full leg	400K
Underarm	150K	Half leg	295K

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